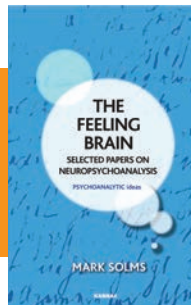
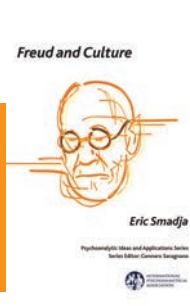


# KARNAC REVIEW

NEW BOOKS FOR SUMMER 2015

<b>Child, Adolescent &amp; Family</b>	<b>4</b>
<b>Culture &amp; Psychoanalysis</b>	<b>7</b>
<b>History &amp; Psychoanalysis</b>	<b>10</b>
<b>Lacanian Psychoanalysis</b>	<b>13</b>
<b>Jung &amp; Analytical Psychology</b>	<b>14</b>
<b>Myth &amp; Symbol</b>	<b>15</b>
<b>Individual Psychotherapy</b>	<b>16</b>
<b>Neuropsychanalysis</b>	<b>18</b>
<b>Psychoanalysis</b>	<b>19</b>
<b>Clinical Psychology</b>	<b>28</b>
<b>Journals</b>	<b>29</b>
<b>Karnac Library</b>	<b>30</b>



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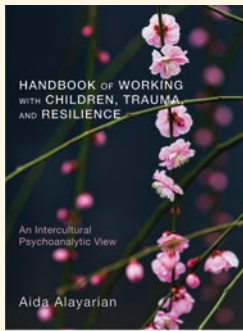
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## Handbook of Working with Children, Trauma, and Resilience

### An Intercultural Psychoanalytic View

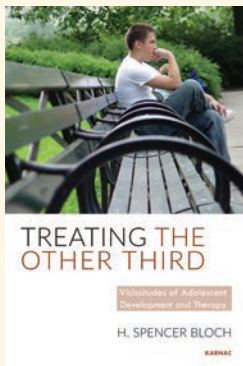
*The United Kingdom Council for Psychotherapy Series*

By **Aida Alayarian**, a consultant clinical psychologist, child psychotherapist, and adult psychoanalytic psychotherapist. She has a *Masters in Medical Anthropology and Intercultural Psychotherapy*, with a background in Medicine. She is the founder and currently *Clinical Director of the Refugee Therapy Centre*.

The author argues that in a world where the torture, maltreatment, and neglect of children shamefully persist, it is incumbent upon all of us to intervene appropriately to put a stop to it. Whether in conference rooms developing a more comprehensive policy to hold perpetrators accountable, or working in clinics where traumatised children and their families seek help, the question of how we act to improve the opportunity for recovery in children and young people subjected to such inhumane treatment should be our primary concern.

This book discusses this salient issue, drawing on psychoanalytic perspectives of the effects of trauma on children, and looking specifically at the case of refugee children and families. Understanding challenging behaviour in traumatised children and the effects of refugee experience on families can help all concerned to offer more appropriate and effective support.

**Karnac Books, June 2015, 224 pp, Demy Paperback 9781782201939/£24.99**



## Treating The Other Third Vicissitudes of Adolescent Development and Therapy

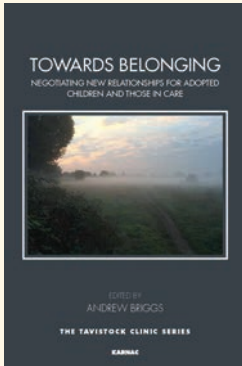
By **H. Spencer Bloch**, who has practised child, adolescent, and adult psychiatry and psychoanalysis for forty-five years in *San Rafael, CA*. He trained and taught courses on adolescent and oedipal development at the *San Francisco Psychoanalytic Institute*, and is certified in child/adolescent, and adult psychoanalysis, and board certified in child/adolescent, and general psychiatry.

As "evidence-based research" on psychodynamic psychotherapy for children and adolescents gains momentum, it seems to be following adult psychiatry in moving increasingly toward biomedical/genetic efforts to understand and treat psychopathology. In this process, the clinical developmental model, which traces development and much psychopathology to the interaction between children's endowment and environment, is being brushed aside in favor of genetic, biochemical and epidemiological efforts despite modest gains of clinical relevance to date from those approaches. As such, single case study continues to have an important place in identifying increasingly accurate clinical paradigms for understanding the development of psychopathology, which in turn leads toward developing more successful therapy. To this end, *Treating the Other Third* refers to that sizable minority of adolescent patients who fail to respond or refuse psychotropic medication.

'Read this book and you will be on the edge of your seat as you experience the meticulously researched, yet always provocative, points of view H. Spencer Bloch chooses to explore, always in great depth. Indeed, Dr. Bloch is a masterful clinician and incisive thinker. He understands patients in a way that only a clinician who has devoted years to practice can. As you read, pay close attention to his unique uses of the terms "developmental," "sponsorship," and "survivor guilt," and you will find yourself among the initiated.'

– **Steven Frankel, MD**, Associate Clinical Professor, University of California, San Francisco; Director, Center for Collaborative Psychiatry, Psychology and Medicine

**Karnac Books, March 2015, 304 pp, Demy Paperback 9781782202196/£25.99**



## Towards Belonging Negotiating New Relationships for Adopted Children and Those in Care

### *The Tavistock Clinic Series*

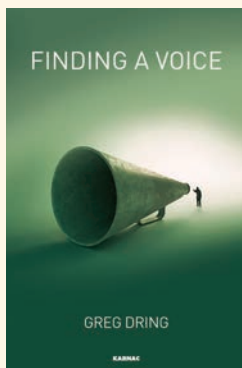
*Edited by Andrew Briggs, Head of Child and Adolescent Psychotherapy, Sussex Partnership NHS Trust, and an organisational consultant with many years experience working with senior managers and teams within public sector and not-for-profit organisations delivering services to adopted children and children in care. He is a visiting lecturer to Tavistock and Portman NHS Foundation Trust for courses on public sector*

### *leadership and management.*

This book includes contributions from a wide range of interested observers and practitioners in the field of children in care and adoption, focusing on a core aspect of their emotional well-being and mental health. It focuses in particular on psychoanalytic, systemic and attachment theory approaches to the question of 'belonging': can these children allow themselves to belong to their new families, and also can these new families allow themselves to belong to these children? Highly innovative clinical work with these children in various settings is discussed alongside chapters that provide thought-provoking commentaries from practitioners surveying the often extremely disturbing societal and systemic landscape for the emotional lives of these children.

The book is written to be accessible to clinicians, practitioners, researchers, policy advisors and students of all disciplines who have an interest in or brief to work with fostered and adopted children. It is hoped that the book will be used for teaching purposes on courses qualifying professionals across the child development, mental health and social care spectrum.

**Karnac Books, April 2015, 288 pp, Demy Paperback 9781782203247/£29.99**



## Finding a Voice Family Therapy for Young People with Anorexia

*By Greg Dring, a Clinical Psychologist and Family Therapist who trained as a Clinical Psychologist in the National Health Service and subsequently took a Masters Degree in Psychotherapy at the University of Warwick, which focussed on both practice and research in psychotherapy. He trained in Family Therapy at the Institute of Family Therapy in London, and has worked in both adult and children's mental health services in the UK.*

Young people develop anorexia because they are unhappy. In the process of becoming anorexic they silence themselves and distance themselves from parental support. Family therapy can help patients by improving their communication with their parents. Therapists can support parents in helping their children to find their voices.

This book presents a review of the research evidence that has guided the development of family therapy for young people with anorexia. In addition, it presents the current evidence for a family model. A flexible model is proposed to meet different family scenarios and levels of treatment resistance. Greg Dring argues that the evidence indicates the need for an assertive approach to therapy, drawing on the full range of family therapy skills available, in order to re-instate a healthy relationship between parents and children.

**Karnac Books, May 2015, 368 pp, Demy Paperback 9781782201861/£29.99**



## Do You Read Me? Learning Difficulties, Dyslexia and the Denial of Meaning

By **J. F. Miller**, an analyst, psychotherapist, and child and family psychologist. He was educated at Marlborough College, Wiltshire, and St Catherine's College, Oxford, with postgraduate training in educational psychology at the Tavistock Clinic. He has held teaching posts in primary, secondary, and special education.

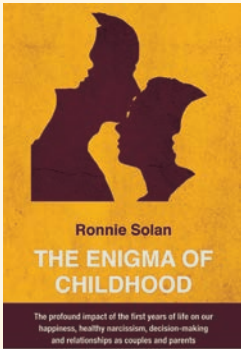
Reading and writing are fundamentally about the communication of meaning. Yet, when a child has difficulty in learning to read and write, the one area that is never seen as having any relevance is the child's

life experiences. The author's contention is that the concept of dyslexia is something that has been invented, rather than discovered, in order to evade the question of meaning and the understanding of the individual. This is examined as part of a culture in which child-rearing and education are increasingly depersonalising, and children are viewed as assets or commodities rather than individuals.

The book examines, with examples, typical patterns of personal and emotional difficulty that give rise to learning problems. There is also a section dedicated to diagnostic procedures and special teaching approaches which can be employed by the non-specialist. It is a fascinating and compelling exploration of the learning process for parents, teachers, and anyone with an interest in education.

Based on the author's thirty years' experience of both educational psychology and analytical therapy, the book sets out a radical approach to learning difficulties in which the primary assumption is that there will usually be underlying emotional conflicts, tensions, and anxieties. Any learning disability is thus more likely to be the symptom of less-evident, personal difficulties, rather than a problem in itself.

**Karnac Books, May 2015, 294 pp, Demy Paperback 9781782200901/£27.99**



## The Enigma of Childhood The Profound Impact of the First Years of Life on Adults as Couples and Parents

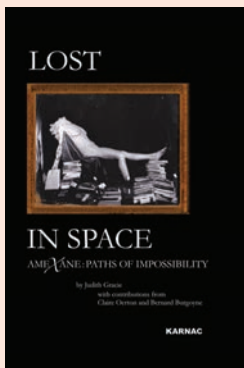
By **Ronnie Solan**, who trained as a clinical psychologist, psychotherapist and psychoanalyst in Switzerland and in Israel, where she became a training and supervising analyst (child and adult). She currently works in Tel Aviv with children, adults and couples.

This book traces how early psychic development from birth up to three years is reflected throughout the lifespan, including adulthood, couplehood and parenthood. The inner child reverberating within us and thus present in our ongoing interactions with others, often colours and guides our current experiences, whether with our life partner or children, and as psychotherapists, with our patients.

The author's primary aim is to familiarize the reader with her innovative idea of the emotional immune system managed by the healthy narcissism and operating via the inner reverberations of hidden childhood narratives. Our sense of familiar self is accordingly consolidated and immuned to an invasion by foreign sensations.

The book looks at early psychic development in the oral and anal stages, and how this influences the baby's evolution along a normal or pathological developmental track. This includes the formative events in the life of the child, the parents' influence on his or her relative progress and emotional development, and insight into general principles or directives guiding parent-child relationships. References to world literature, and clinical vignettes taken from the author's perceptive observations and dynamic treatments, are used to illustrate her theoretical innovations regarding healthy narcissism, her conceptualization of jointness as a key facet of object relations and of the art of couplehood, and her original and creative account of the ego's mechanisms of adaptation and defence.

**Karnac Books, July 2015, 400 pp, Demy Paperback 9781782202110/£32.99**



## Lost in Space Amexane—Paths of Impossibility

By **Judith Gracie**, a practising psychoanalyst and psychotherapist in London.

This is a stunning and original book that breaks new ground in the field of contemporary literature. Informed by Greek and Shakespearean tragedy, readings of Lacan, Freud and P. G. Wodehouse, its principal themes are maternal desire; the structure of tragic thought; writing itself, and the possibility of finding seemingly impossible pathways through the suffering of lived experience. It is, amongst other things, a love story, a philosophical inquiry, an artwork, a collection of poetry and – a book of jokes. Judith Gracie writes an expansive, ‘everyone welcome’, style of epic, one which is proof for the urgent necessity of the poetic voice.

**Bernard Burgoyne** provides the Preface and fresh topological etchings. *Lost in Space* also features a dialectical exchange between the author and Claire Oerton, and many engravings of the tragedy and comedy of the demands of love.

‘Lacan famously stated: “I am not a poet, but a poem. A poem being written, even if it looks like a subject.” *Lost In Space* proves that one can be a poet and a poem, even if it means letting the subject float. Achilles’s rage becomes a page in which we face Zeno as the other side of Zero. A wonderful and witty text!’

– **Jean-Michel Rabaté**, Professor of English and Comparative Literature, University of Pennsylvania  
Karnac Books, May 2015, 168 pp, Demy Hardback 9781782201380/£25.00



## Fragile Learning The Influence of Anxiety

By **David Mathew**, who works at the University of Bedfordshire, UK, and as an independent researcher and writer. His wide areas of interest include psychoanalysis, linguistics, distance learning, prisons and online anxiety.

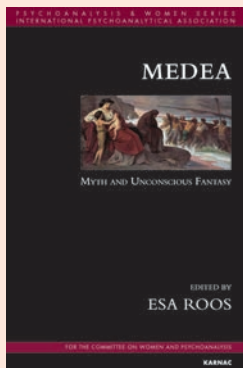
What are the barriers and obstacles to adults learning? What makes the process of adult learning so fragile? And what exactly do we mean by Fragile Learning? This book addresses these questions in two ways. In Part One, it looks at challenges to learning, examining issues such as language invention in a maximum security prison, geography and bad technology, and pedagogic fragility in Higher Education. Through a psychoanalytic lens, *Fragile Learning* examines authorial illness and the process of slow recovery as a tool for reflective learning, and explores ethical issues in problem-based learning.

The second part of the book deals specifically with the problem of online anxiety. From cyberbullying to Internet boredom, the book asks what the implications for educational design in our contemporary world might be. It compares education programmes that insist on the Internet and those that completely ban it, while exploring conflict, virtual weapons and the role of the online personal tutor. The book also examines the issue of time as a barrier to learning and its links to unconscious thinking, as well as defining fragility in a summative essay. Using real-life examples, originality and wit, *Fragile Learning* is an important contribution to the field of psychoanalysis and pedagogy.

‘*Fragile Learning* is a fascinating exploration from a psychoanalytic viewpoint of the nature of both learner and educator anxiety, in the context of a variety of higher education, education management, and community workplaces. The author considers problems of projective identification, retreat or claustrum situations, basic assumption and work groups, the impact of physical illness, and how to engage in productive conflict whilst acknowledging the anxieties of all parties. The book gains insights from original research into these matters, not only as applied to traditional educational environments, but also in relation to the particular forms they may take in distance and e-learning, where both students and teachers are often equally fragile learners, seeking to adapt humanistically to the new technological tools they are acquiring.’

– **Meg Harris Williams**, writer and artist

Karnac Books, June 2015, 288 pp, Demy Paperback 9781782202592/£27.99



## Medea Myth and Unconscious Fantasy *Psychoanalysis and Women Series*

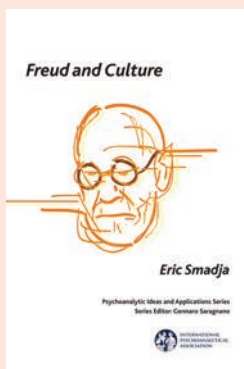
Edited by **Esa Roos**, currently a consultant and supervisor at various institutions in Finland, who graduated in psychology and trained in psychoanalysis. He became Assistant in the Department of Psychology in the University of Helsinki, and also worked in forensic psychology in both a mental hospital and state prison.

This book takes Euripides' tragedy of *Medea* as its starting point. Our unconscious fantasies can be embedded in age-old myths, and many modern works about Medea reflect our ever-present interest in such myths. The Danish film director T.H. Dreyer had plans to produce a film about the story of Medea, while his countryman Lars von Trier did in fact make his own version of *Medea*, based on Dreyer's previous work on the theme.

In this remarkable new book the 'Medea fantasy' is introduced as an unconscious determinant of psychogenic sterility, a fantasy that may form an unrecognized and dissociated part of the self-representation which can lead women to believe that their lovers (like Jason in the original myth) will deceive and abandon them, and that this anxiety might cause them to react violently towards their children. For such women it is imperative to forgo any creative femininity. The carefully written chapters study the so called 'dark continent' – hidden or unknown areas of womanhood, that are often felt to be difficult to approach, understand, or conceptualise.

Some of the areas covered in the book include pregnancy, abortion, maternal ambivalence, loving and hating the baby, shame, ideals and idealisation of motherhood, as well as such issues as sister fantasy, sisterly and lesbian love, the problems between mother and daughter, and female destructiveness, as reflected in fairy-tales.

**Karnac Books, June 2015, 208 pp, Demy Paperback 9781782202912/£24.99**



## Freud and Culture The International Psychoanalytical Association Psychoanalytic Ideas and Applications Series

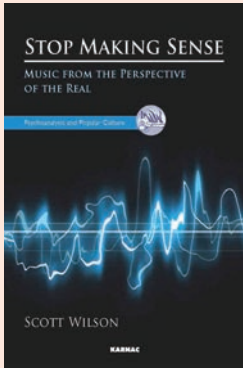
By **Eric Smadja**, a psychiatrist, a psychoanalyst, a member of the *Société psychanalytique de Paris* and of the *IPA*, a couples psychoanalyst and also an anthropologist, and associate member of the *American Anthropological Association*. In 2007 he was awarded the *IPA's Prize for 'Exceptional Contribution made to Psychoanalytical Research.'*

In this book, Eric Smadja explores the representations of society and culture that Freud developed in the course of his work. Distinct from contemporary sociological and socio-anthropology that was virulently criticised by the social sciences. But what exactly is meant here by 'culture' and 'society'? Do we mean Freud's own Viennese society or Western, 'civilised' society in general?

In addition, Freud was interested in historical and 'primitive' societies from the evolutionist perspective of the British anthropologists of his time. This book considers the interrelationship between these different societies and cultures, and raises many questions. What constitutes a culture? What are its essential traits, its functions, its relationships with society, with nature, and with other aspects of 'reality' or of the 'external world'? How did Freud construct the idea of culture? What roles does culture play in the development of the individual, in the construction and functioning of his or her psyche? This book offers some answers and presents the Freudian central notion of *Kulturarbeit*, which is constructed from a strictly Freudian perspective.

**Karnac Books, March 2015, 208 pp, Demy Paperback 9781782202080/£24.99**





# Stop Making Sense

## Music from the Perspective of the Real *The Psychoanalysis and Popular Culture Series*

By **Scott Wilson**, Professor of Media and Psychoanalysis at the London Graduate School, Kingston University, London.

*Stop Making Sense* offers an original and compelling theory of music “from the perspective of the real” as this term is understood according to the Lacanian orientation in psychoanalysis. The first part of the book explains its theoretical and methodological underpinnings that are based in a reading of subjects and symptoms such as amusia. The second and third parts focus on contemporary examples that look at how music has become both a powerful locus of discontent and also a form of orientation in an age of generalized psychosis imposed by neoliberalism as a form of governance.

### CONTENTS

INTRODUCTION: Fear of music

#### PART I AMUSIA

INTERLUDE 1 - Music and the love of the master

1. The Marriage of Figaro and Freudian melophobia

2. Dance and “condansation”: Che Guevara’s a-rhythmia

INTERLUDE 2 - Groundhog Day: the earworm and the love song

3. From symptom to synthomy

4. The audio unconscious

INTERLUDE 3 - Hank Williams’s cough

5. From speaking beings to Talking Heads

#### PART II - THE MADNESS OF ECONOMIC REALISM

6. Primal scream: dissonance and repetition

7. Capitalism and psychosis I: the Nash equilibrium

INTERLUDE 4 - Michel Foucault and the beauty of the absolute

8. Bach’s Little Fugue

9. Decomposing the voice

INTERLUDE 5 - American Psycho and Phil Collins

10. The Ride of the Valkyries

#### PART III SCREAMADELICA

11. Flower of hate: the lack in The Beatles

12. The murder of John Lennon

INTERLUDE 6 - Echo

13. Unlistenab

14. The braindance of the hikikomori

15. The three delusions.

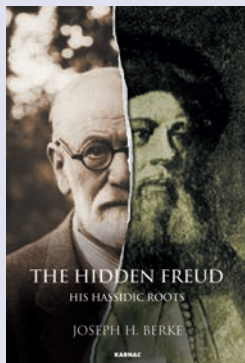
‘If the problematic distinction between music and noise has already been fought over in much recent work in the philosophy of music, with this book Scott Wilson enters the arena wearing the colours of psychoanalysis. In adopting this mode of attack and taking as a given the non-categorical distinction and imbricated relations between music, noise, and voice, Wilson’s book helps us understand the bipolar psychic force of music, its ability to be both the tie that binds and that which tears us apart. Read it for this reason, and to appreciate his point more fully, follow his opening provocation and play the deliciously sadistic parlour game that, by his account, gave birth to his core idea.’

– **Greg Hainge**, University of Queensland; author of *Noise Matters: Towards an Ontology of Noise*

‘*Stop Making Sense* launches a series of deep probes into the contemporary cultural condition. Music stands in for an order that is both imposed and resisted, and when music turns wrong, or is heard as something outside of musical order, its amusia makes it a privileged auscultatory device. This book has achieved the rare task of successfully bringing Lacan’s thought to bear on the formal structures of music and its rejection, and represents an impressive incursion into musical disturbance.’

– **Paul Hegarty**, University College Cork; author of *Rumour and Radiation: Sound in Video Art*

**Karnac Books, April 2015, 272 pp, Demy Paperback 9781782201984/£26.99**



## The Hidden Freud

### His Hassidic Roots

By **Joseph H. Berke**, a psychoanalytic psychotherapist working with individuals and families, and a lecturer, writer and teacher.

Freud's own ancestors were hassidim going back many generations, and this book examines how this background influenced both his life and his work. It also shows how he struggled to deny these roots in order to be accepted as a secular, German professional, and at the same time how he used them in the development of his ideas about dreaming, sexuality, depression and mental structures as well as healing practices. The

book argues that in many important respects psychoanalysis can be seen as a secular extension of Kabbalah.

The author shows, for example, how Freud utilized the Jewish mystical tradition to develop a science of subjectivity. This involved the systematic exploration of human experience, uncovering the secret compartments and deepest levels of the mind (such as the preconscious and unconscious methods of thinking), expanding human consciousness beyond 'objective' reality, and the revelation of hidden, unconscious thought processes by free association and dream analysis (all linked to kabbalistic modalities such as 'skipping and jumping'). The book also explores the close connections between psychoanalysis, quantum physics, and Kabbalah.

*The Hidden Freud: His Hassidic Roots* also uses the meetings that took place in 1903 between Freud and the great hassidic leader, the fifth Lubavitcher Rebbe, the Rebbe Rashab, as a point of departure to consider Freud's Jewish identity. While Freud may have felt himself to be "completely estranged from the religion of his fathers" he still remained a man who "never repudiated his people, who felt that he was in his essential nature a Jew, and who had no desire to alter that nature", as so many of his colleagues had done. Freud lived the life of a secular, sceptical Jewish intellectual. This was his revealed persona. But there was another, concealed Freud, who revelled in his meetings with the Rebbe, Kabbalists and Jewish scholars; who kept books on Jewish mysticism in his library; and who chose to die on Yom Kippur, 1939, the Day of Atonement. This book considers the implications of the 'concealed Freud' on his life and work.

'This is a virtuoso performance that consults obscure texts, and re-reads familiar ones. That the practice of psychoanalysis may resemble the mystical contemplations of the religious does not diminish psychoanalysis, nor idolise mysticism. It merely locates important developments in our culture within their proper contexts. This is a book that searches at the heart of the fruitfulness of psychoanalysis.'

– **Professor R. D. Hinshelwood**, University of Essex

'A thrilling work uniting rigorous scholarship with profound care and devotion. It compellingly investigates the intertwining of Jewish mysticism and psychoanalysis. Berke adroitly examines Freud's life and relationships, and not only exhumes but brings to life a profound creative spirit. The Freud you meet here is not the Freud you might expect from watered down caricatures. What he tapped was too alive and real to fit into neat borders.'

– **Michael Eigen**, PhD, author of *Kabbalah and Psychoanalysis*, *The Psychoanalytic Mystic*, and *Faith*

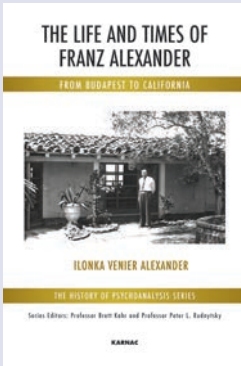
'Joseph Berke demonstrates brilliant insights into the depth of the human psyche, as well as the teachings of Chassidism and Kabbalah. This remarkable book helps one to appreciate the reach of Chassidism into general culture during the 20th Century.'

– **Rabbi Shmuel Lew**, Principal, Lubavitch Senior Girls' School, London

**Karnac Books, June 2015, 256 pp, Demy Paperback 9781780490311/£25.99**

**Also from Joseph H. Berke**

– *Why I Hate You and You Hate Me: The Interplay of Envy, Greed, Jealousy and Narcissism in Everyday Life* 2012 Demy Paperback 9781780490328/£25.99



# The Life and Times of Franz Alexander

## From Budapest To California

### *The History of Psychoanalysis Series*

By **Ilonka Venier Alexander**, a clinical social worker and psychotherapist with thirty years' experience in the field of mental health, including many years working with adults who had a severe and persistent mental illness.

Franz Alexander was the first graduate of the Berlin Psychoanalytic Institute, the man who turned down Freud's offer to enter into private practice in Vienna, and the man Freud told to go to America and spread

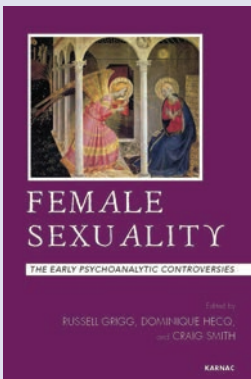
the doctrine of psychoanalysis. He was also the grandfather of Ilonka Venier Alexander, the author of this remarkable account of one of the major figures of psychoanalysis in the twentieth century, set against the backdrop of the growth of analysis in America.

The book considers his personal and professional life, the role of family in his decisions, and how those decisions affected other family members. Themes touched on in this intimate and personal biography include family secrets and lies, the fear of discovery and the need to reinvent one's past in order to survive, the importance of giving to society, and family reunification after decades of deceit and betrayal. All of these themes help to create a stunning portrait of a man who, as the author's mother once told her, was "as important to psychoanalysis as Elvis is to music". Franz Alexander's story is finally told here by those who really knew him.

'This book provides a special perspective on the family life and background of one of the pioneers of psychoanalysis in the USA, against the backdrop of the major political and cultural upheavals taking place in Europe – the gathering storm of anti-Semitism and the rise of Hitler.'

– **Brian Foley**, MB, MRCPsych. FRCPC consultant psychiatrist

**Karnac Books, June 2015, 176 pp, Demy Paperback 9781782202509/£18.99**



# Female Sexuality

## The Early Psychoanalytic Controversies

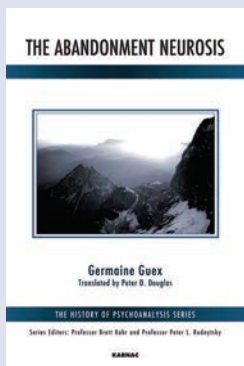
Edited by **Russell Grigg**, a lecturer in philosophy and the co-ordinator of psychoanalytic studies; **Dominique Hecq**, a research fellow in psychoanalytic studies; and **Craig Smith**, a PhD candidate in psychoanalytic studies. All three editors are based at Deakin University, Australia.

The papers collected together in this volume laid the groundwork for contemporary psychoanalytic women's studies and gender theory. They cover a period from June 1917, when Johan van Ophuijsen presented his paper on the masculinity complex in women to the Dutch Psycho-Analytical Society, to April 1935, when Ernest Jones read a paper on early female sexuality to the Vienna Psycho-Analytical Society.

Although these papers are often referred to in discussions of female sexuality, and although some individual papers have been reproduced elsewhere, they have never before appeared together as a collection. Anyone who has read these papers will be aware of their importance to the topic of female sexuality. But it is not the theme alone that unifies the collection. There are two further considerations of equal importance: the dialogue and debate that take place between the papers, from first to last; and the considerable impact they had on the development of certain of Freud's key themes. The papers have a clear historical interest but rereading them today will also show their continuing relevance to debates within and outside psychoanalysis on female sexuality.

This collection contains papers by Karl Abraham, Marie Bonaparte, Ruth Mack Brunswick, Helene Deutsch, Otto Fenichel, Karen Horney, Ernest Jones, Melanie Klein, Jeanne Lampl de Groot, Josine Müller, Carl Müller-Braunschweig, Johan H. W. van Ophuijsen, Joan Riviere, and August Stärcke.

**Karnac Books, April 2015, 314 pp, Demy Paperback 9781782200222/£23.99**



## The Abandonment Neurosis

### *The History of Psychoanalysis Series*

By **Germaine Guex**, who in 1930 was recruited by psychoanalyst Dr André Répond, Director of Psychiatry in the Malévoz clinic, Switzerland, to oversee a psychoanalytically-inspired medical and psychological unit. Her work, which focused on children, parents and teachers, aimed at being both a therapeutic and preventative facility. Translated by **Peter D. Douglas**, who lectures in English at the University of Adelaide.

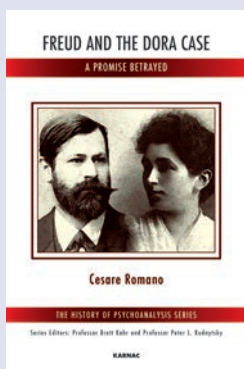
First published in 1950, *La névrose d'abandon* was and still is a groundbreaking work. Guex's research turns on two clinical observations: the

frequent occurrence of analysands whose neurotic symptoms are unrecognizable when measured against any of the Freudian diagnostic models, and the relatively large number of these patients who sought help from her, having already undergone thorough classically Freudian treatments with analysts whose abilities were never in question, but whose efforts did nothing to relieve patient suffering.

What all these subjects had in common, Guex observed, were extreme and debilitating feelings of abandonment, insecurity and lack of self-worth, originally ignited by severe pre-oeidial trauma. Having described the neurosis of abandonment, Guex goes on to outline every diagnostic tool and treatment methodology, developed over many years, which can be deployed in the successful and lasting eradication of this pervasive neurosis.

Despite its trail-blazing research and ideas, Guex's book never received the accolades or attention it deserved. Now, translated into English for the first time by Peter D. Douglas, it is brought to a new and wider audience, for whom the ideas it explores are just as relevant and significant today.

**Karnac Books, June 2015, 160 pp, Demy Paperback 9781782201915/£18.99**



## Freud and the Dora Case

### *A Promise Betrayed*

### *The History of Psychoanalysis Series*

By **Cesare Romano**, a psychiatrist and psychotherapist who works in private practice and has published several articles on the history of psychiatry and psychoanalysis in Italian journals.

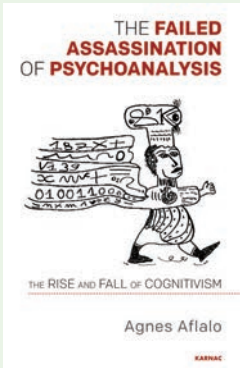
Cesare Romano revisits Dora's clinical case in light of Freud's own seduction theory. His central thesis is that Freud failed to follow through with his initial proposition of confirming his theories on the traumatic aetiology of hysteria. He also suggests a new dating for the duration of Dora's therapy, placing the beginning of the analysis within the context

of Freud's concurrent and recent life events.

A detailed analysis of Dora's first dream shows that Freud did not go back to Dora's first infantile traumas, but stopped instead at the period of her infantile masturbation. In analysing this dream, Romano's theory begins to take shape around the idea that Dora suffered an early trauma: possibly, a sexual abuse inflicted by her father. Drawing on Ferenczi, the author uses the notion of the 'traumatolytic function of the dream' to show that Dora, through her two dreams, was elaborating her early sexual trauma.

Dora's analysis is investigated alongside what was happening in Freud's life at the time of the therapy. It was a time of upheaval, including the breaking off of his friendship and transference relationship with Fliess, and the erotically nuanced relationship with his sister-in-law Minna. Romano demonstrates how these real-life events and the experiences they entailed reflect on Dora's therapy, modulating Freud's countertransference.

**Karnac Books, July 2015, 272 pp, Demy Paperback 9781782200963/£26.99**



## The Failed Assassination of Psychoanalysis

### The Rise and Fall of Cognitivism

By **Agnes Aflalo**, a psychoanalyst, member of the *École de la Cause freudienne* and the *World Association of Psychoanalysis*. Since its first publication in French in 2009, *The Failed Assassination of Psychoanalysis* has been translated into English, Spanish, and Portuguese. This translation is by **Adrian Price**

It can happen that a law incurs the wrath of the very people it set out to protect. This is what happened in France at the end of 2003 with the Accoyer Amendment, a Bill that intended to regulate the exercise of psychotherapies even at the cost of the disappearance of psychoanalysis itself. The public that this law was supposed to protect thus ran the risk of finding themselves stripped of certain freedoms that democracy usually guarantees.

How had it become possible to reach such a point? This is what this book sets out to examine. Evaluation and cognitive-behavioural scientism, which have been progressively infiltrating different forms of knowledge with destructive effect, undoubtedly played a major role. And then, the International Psychoanalytical Association, despite having been founded by Freud to protect his invention, started to endorse the forced cognitivism of psychoanalysis. Meanwhile, psychiatry slid back into its nineteenth century hygienic obscurantism and its new recruit, epidemiology, began playing host to racist discourses.

However, the more evaluation steps up the commodification of knowledge and reinforces contemporary discontent, the more psychoanalysis in the Lacanian orientation demonstrates its public benefit. As Agnès Aflalo shows here with great clarity, this form of psychoanalysis is the only one to welcome the singularity of those who desire to find their way in the opacity of their symptoms.

**Karnac Books, May 2015, 192 pp, Demy Paperback 9781782201649/£22.99**



## Lacanian Coordinates

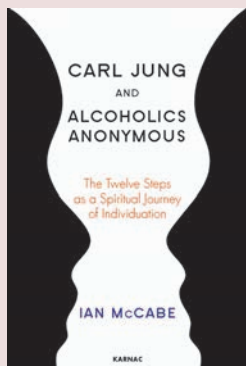
### Volume 1: From the Logic of the Signifier to the Paradoxes of Guilt and Desire

By **Bogdan Wolf**, who has lived and worked in private practice in London for over twenty years, is editor of the *Psychoanalytical Notebooks*, a publication of the *London Society in the Lacanian Orientation*, and has authored several articles and book contributions.

Psychoanalysis is an experience of truths and lies in language. It is also a discourse, and a *praxis*. *Lacanian Coordinates* takes the reader from the beginning of Lacan's teaching, from the logic of the signifier and the Lacanian subject, to the drive and object *a*, *qua* object *a*, the paradoxes of guilt, and finally to the desire of the Other, love, and femininity – the themes explored and developed in the second volume of *Lacanian Coordinates* (2015).

Volume One explores the points of Lacanian orientation that lead us to the particularity of the subject, and considers whether we find them not solely in the discourse of the universal, to which religion, science and philosophy testify, but also in the analytic experience itself. Psychoanalysis creates conditions for an encounter with an analyst and with words forgotten, neglected, underestimated, yet also bursting with meaning and surprises. Each chapter contributes to this subjective realisation, taking as reference the clinic, the voice of an analysand, and everyday discourse. An ethics that emerges from this experience is not of the superego but of a speaking being faced with the non-existence of an all-knowing and all-powerful Other.

**Karnac Books, June 2015, 272 pp, Demy Paperback 9781782202806/£24.99**



## Carl Jung and Alcoholics Anonymous

### The Twelve Steps as a Spiritual Journey of Individuation

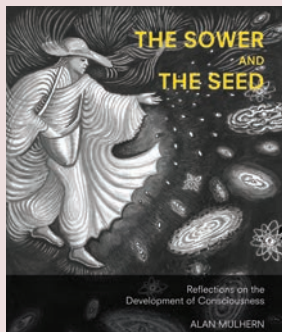
By **Ian McCabe**, a chartered psychologist, associate fellow of the British Psychological Society and a Zurich-trained child and adult Jungian analyst. He has worked as a Clinical Psychologist with Addiction Response Crumlin, Dublin and is the Managing Director of the Irish based Charity, Jung Institute for Free Analysis for Children, and Clinical Director of [alcoholcounselling.com](http://alcoholcounselling.com).

Jung wrote to Bill Wilson, founder of Alcoholics Anonymous (A.A.), about his understanding of alcoholism. This book marries the writings of Carl Jung and Bill Wilson, and develops the idea that alcoholism is, primarily, a spiritual illness. By combining the narratives of recovering alcoholics with a Jungian perspective, the author explains how the program of the 12 steps can lead to a journey of spiritual awakening or in Jungian terms, individuation. It explains in plain words the language of A.A. and takes the reader inside a meeting to show how it works in practice. The author explains how alcoholism can be diagnosed and understood by professionals and the lay person; by examining the detailed case histories of Jung, the author gives graphic examples of its psychological and behavioural manifestations.

Ian McCabe's book on the relationship between Alcoholics Anonymous (A.A.) and Jungian Psychology is scholarly, well written, well researched and documented, and brings to light a significant historical context. I would recommend it to any serious student of A.A. and Jungian Psychology.'

– **David Schoen**, New Orleans Jungian Analyst and author

**Karnac Books, June 2015, 176 pp, Demy Paperback 9781782203124/£22.99**



## The Sower and the Seed

### Reflections on the Development of Consciousness

By **Alan Mulhern**, who trained as a Jungian psychotherapist and has worked for twenty-five years in private practice in London; and illustrated by **Lindsey C. Harris**.

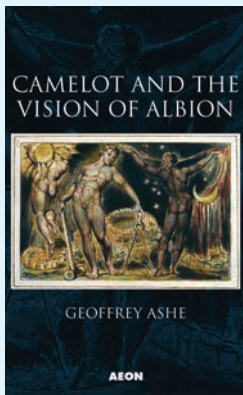
*The Sower and the Seed* explores the origins of consciousness from a mytho-psychological angle. The concept of immanence, a vast intelligence within the evolutionary process, provides the underlying philosophy of the book, presented as a creative-destructive spirit that manifests higher orders of complexity (such as life, intelligence,

self-consciousness) and then dissolves them. The book explores the human psyche as immersed in nature and the realm of the Great Mother, showing how the themes of fertility and power, applicable to all life forms, saturate the history of humanity – most evidently in the period stretching from 40,000 years ago up to modern civilizations. The book examines in particular the transition to patriarchal religious consciousness, in which a violent separation from the world of nature took place.

*The Sower and the Seed* also explores Hebrew, Egyptian, and Greek creation myths as commentaries on the origins of consciousness, and shows how the transition to consciousness from the unconscious (the birth of humanity) is inherently problematic, since it creates a separation from the realm of nature and instinct. This rise of consciousness out of nature and its fall or separation into a separated egoic state is its central dilemma.

The book shows that no matter what happens collectively, the path for individual progress and even enlightenment is open to each individual. This final section, 'The Quest', presents a series of illustrations, poems, and commentaries that show the search of the individual on the path of higher consciousness. The metaphor of the pilgrimage is used and shows essential psychological as well spiritual steps on such a journey.

**Karnac Books, May 2015, 272 pp, Crown Quarto Paperback 9781782202462/£34.99**



## Camelot and the Vision of Albion

By **Geoffrey Ashe**, cultural historian, and one of the world's leading authorities on British mythology, co-founder and Secretary of the Camelot Research Committee, and Fellow of the Royal Society of Literature.

When archaeologists dug up the hill of Cadbury in Somerset, the reputed site of King Arthur's Camelot, thousands of visitors came to watch. They never saw anything resembling the Camelot of romance. Yet they kept coming, year after year.

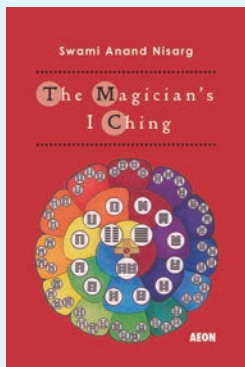
Why does Arthur fascinate? In this book, the secretary of the Cadbury project (himself an authority on the legend) looks for an answer. Drawing on varied researches, and on the insight embodied in William Blake's symbol of the shadowy 'Giant Albion' behind Arthur, he plunges into

the psychological depths that underlie the tale of the enchanted King, his city Camelot, his mysterious departure to Avalon, his promised return.

The enquiry starts from the solid facts of Cadbury. But it opens vistas on a strange world of gods and mortals and immemorial yearnings. The same universal dream that created the legendary Arthur is shown reappearing through many centuries, inspiring many thinkers: Blake himself; Virgil, Confucius, Rousseau, Gandhi; even such supposed rationalists as Robert Owen and Lenin.

All the paths converge on a central problem of the human condition, which, the author suggests, must be solved if mankind is to achieve a workable humanist philosophy. It turns out that Arthur remains startlingly relevant: that the prophecy of his return has a serious meaning.

**Aeon Books, April 2015, 248 pp, Demy Paperback 9781904658689 /£14.99**



## The Magician's I Ching

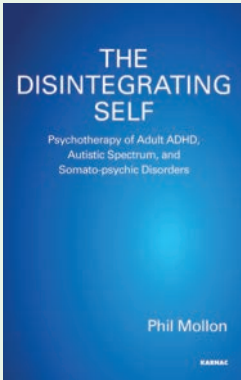
By **Swami Anand Nisarg**, a practitioner of both western magick and eastern mysticism for over twenty years, who has been studying the I Ching for the same length of time. He is the Guru of a Tantric Mystery School lineage, devoted full-time to teaching on the principles of universal mysticism, and works with a focus on encouraging authentic practice for the experience of Truth, choosing to work closely with a small number of dedicated students rather than seeking to appeal broadly to a popular audience.

*The Magician's I Ching* is a complete workbook for I Ching study, written in a serious but approachable style, for use from the beginner to the very advanced level, and for anyone who is interested in understanding the I Ching in both Theory and Practice.

It includes the complete core Zhou Yi text of the I Ching, in a new version designed for understanding the I Ching's teachings from the viewpoint of the western esoteric tradition, with commentary and a glossary of common terms and symbols of the I Ching, an explanation of the secrets of how the I Ching understands reality and time, explanations of how the I Ching relates to western esoteric systems like the Qabalah, the western elemental system, and astrology and study guidelines for how to integrate the I Ching into your spiritual or magical practices.

*The Magician's I Ching* is an invaluable resource to any serious student, providing material for years of practical use.

**Aeon Books, March 2015, 272 pp, Demy Paperback 9781904658658/£14.99**



## The Disintegrating Self Psychotherapy of Adult ADHD, Autistic Spectrum, and Somato-psychic Disorders

By **Phil Mollon**, a psychoanalyst, clinical psychologist, and energy psychotherapist. He is well-known as a writer and speaker on topics including shame, trauma, dissociation, self-psychology, and EMDR – and has pioneered the development of Psychoanalytic Energy Psychotherapy. With 40 years of clinical experience, in both the British National Health Service and private practice, he has explored many different approaches, always seeking better ways of helping those who are troubled with mental health problems. His work remains rooted in psychoanalysis, whilst also incorporating neurobiological, cognitive, and energetic perspectives.

Many psychotherapy clients have (undiagnosed) traits within the ADHD and autistic spectrums – two constellations of the “mistuned brain” that often overlap. The essence of ADHD is emotional dysregulation, and the sufferer displays enhanced needs for ego supportive responses from others, as he or she struggles with storms of affect, especially rage and anxiety, impulsivity, deficits in executive functioning, and attentional problems. It is often a hidden core within what is otherwise perceived as borderline or emotionally unstable personality disorder. This is a brain-based disorder – which certainly gives rise to psychodynamics but is not caused by psychodynamics. Autistic spectrum traits, which often coexist with ADHD, are similarly brain-based, associated with intense but unintegrated experience, inflexibility, and a range of efforts to cope with potentially overwhelming emotions and anxieties.

Phil Mollon presents a wide-ranging discussion of these disorders, exploring psychoanalytic, neurobiological and psycho-energetic perspectives. He describes how the classical Freudian model, combined with Kohut’s self-psychology, provides a sound basis for effective therapy with clients whose self is under continual threat of disintegration.

‘This seminal book will cause a paradigm shift in the understanding and treatment of ADHD and autistic traits for all those who exist with or work with these conditions. It is holistic, rigorous, and combines up-to-the-moment neurobiological and energy understanding together with classical psychoanalytic underpinning.’

– **Valerie Sinason**, President of the Institute of Psychotherapy and Disability, and author of *Trauma, Dissociation and Multiplicity*

‘Phil Mollon invites us to accompany him on his journey to conceptualise ADHD and autistic spectrum conditions in an integrative manner – allowing a classical psychoanalytic perspective to combine with concepts from Bion and attachment theory, drawing bridges between these and psychobiological research, exemplifying all of this with clinical vignettes. He balances the research from neuropsychology, psychiatry, and psychoanalysis with a deep humanistic perspective. It will be extremely helpful for clinicians.’

– **Edgard Sanchez**, consultant psychiatrist and psychotherapist at King’s College, London

‘ADHD and autism spectrum disorders are common conditions that every psychoanalytic clinician must contend with. But traditional psychoanalytic theories and therapies for these disorders are mutually contradictory and woefully disconnected from the mainstream of recent research, relating to other treatment modalities and brain science. Phil Mollon has digested this vast and disparate body of knowledge – both practical and theoretical – and integrated it with his own considerable clinical experience in a way that is immediately and concretely useful to us all.’

– **Mark Solms**, psychoanalyst and Professor in Neuropsychology, University of Cape Town, South Africa

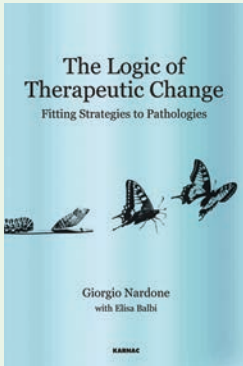
**Karnac Books, April 2015, 336 pp, Demy Paperback 9781782202103/£29.99**

Also by Phil Mollon

– Psychoanalytic Energy Psychotherapy 2008 Demy Paperback 9781855755666/£36.99

– EMDR and the Energy Therapies: Psychoanalytic Perspectives 2004 Demy Paperback 9781855753761/£30.99





## The Logic of Therapeutic Change Fitting Strategies to Pathologies

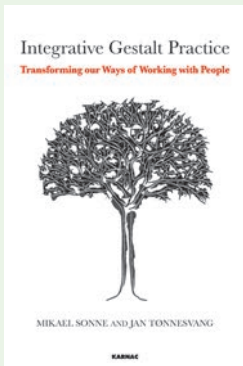
By **Giorgio Nardone**, who has published numerous articles and several books translated into many foreign languages. He is renowned as one of the most creative therapists and authors in the field of *Brief Strategic Therapy* and *Strategic Problem Solving* and his systematic and effective models for treating phobic, obsessive disorders and eating disorders are followed by many psychotherapists all around the world; and **Elisa Balbi**, a psychotherapist, teacher, and supervisor.

In 1993 Giorgio Nardone and Paul Watzlawick published a revolutionary work that introduced a series of effective clinical strategies to create therapeutic change, even in seemingly impossible cases. In his new book, Giorgio Nardone performs another quantum leap, leading his readers to a more operative knowledge of the precise logic of therapeutic change.

Most intimidating mental disorders are based on perceptions of reality that when using an ordinary 'common-sense' logic as our reading lens, look as if they are irrational, bizarre, illogical and therefore hard to understand and manage. Yet if we can follow the patient's own logic, which is definitely a non-ordinary logic, we can come to recognise the 'rules of the game', a game that we can actually 'play and win'.

In his exciting new approach, Professor Nardone shows that by understanding the non-ordinary logic of a problem (which is often based on the logic of belief, paradox and contradiction), we can come to choose the best strategies to bring about effective change.

**Karnac Books, May 2015, 160 pp, Demy Paperback 9781782202264/£18.99**



## Integrative Gestalt Practice Transforming our Ways of Working with People

By **Mikael Sonne**, a psychologist specialising in psychotherapy and a supervisor at postgraduate level; and **Jan Toennesvang**, psychologist and professor of psychology.

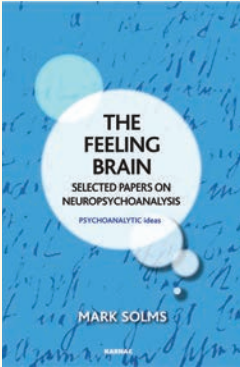
Integrative Gestalt Practice (IGP) is a new approach to understanding and working with complexity and wholeness in people's lives. Amongst the many published books on the market today focusing on the need for specialization and manualization, this book introduces an alternative approach to working professionally with people. By combining basic principles from the gestalt-approach with basic elements of integral theory introduced by Ken Wilber, IGP develops a frontline framework for integrating different forms of theoretical and practical knowledge of human life-processes. This, for instance, can sustain the integration of various psychotherapeutic approaches, and – on a more general level – raise a more common capacity for perspective taking and meaningful disagreements between people.

The book shows in various ways how concepts of field theory, self-regulation, contact, awareness and creative experimentation can be directly applied in working with people. The IGP model can be used in many different contexts: in therapy, organisational work, coaching and pedagogy. The book contains a rich combination of theoretical elaborations and practical exercises. It will provide new insights for students, professionals and others with an interest in understanding and working with people.

'This book lights up gestalt therapy with its insightful perspective, and integrates a wide range of human experience with the practicality of therapeutic techniques.'

– **Erving Polster**, author of *Beyond Therapy*

**Karnac Books, May 2015, 240 pp, Demy Paperback 9781782202516/£25.99**



# The Feeling Brain

## Selected Papers on Neuropsychanalysis

*The Psychoanalytic Ideas Series*

By **Mark Solms**, a psychoanalyst and a lecturer in neurosurgery at the St Bartholomew's Hospital and the Royal London School of Medicine; Chair of neuropsychology, University of Cape Town, South Africa; and Director of the Arnold Pfeffer Center for Neuro-Psychoanalysis at the New York Psychoanalytic Institute. He is a registrant of the

British Psychoanalytic Council (BPC), an Associate Member of the British Psychoanalytical Society, Member of the British Neuropsychological Society, and Honorary Member of the New York Psychoanalytic Society. He has authored a multitude of chapters, articles and books.

Neuropsychanalysis is the fastest growing area within psychoanalysis and it provides a bridge between psychoanalysis and the neurological sciences. This book provides an accessible introduction to the field through a selection of papers by one of its leading figures. It includes papers on the theoretical and philosophical foundations of neuropsychanalysis, scientific papers on the brain mechanisms of dreaming and consciousness, the application of neuropsychanalysis in psychiatry and neurology, and clinical case studies.

### CONTENTS

- Chapter 1: Solms, M. 'Introduction to this book.'
- Chapter 2: Solms, M. & Turnbull, O. (2011) 'What is neuropsychanalysis?'
- Chapter 3: Solms, M. (2006) 'Putting the psyche into neuropsychology.'
- Chapter 4: Solms, M. (2007) 'What is the "mind"? A neuro-psychoanalytical approach.'
- Chapter 5: Solms, M. (2004) 'Is the brain more real than the mind?'
- Chapter 6: Solms, M. (2002) 'An example of neuro-psychoanalytic research: Korsakoff's syndrome.'
- Chapter 7: Solms, M. (2012) 'Depression: a neuropsychanalytic perspective.'
- Chapter 8: Solms, M., Pantelis, E. & Panksepp, J. (2012) Neuropsychanalytic notes on addiction.
- Chapter 9: Solms, M. (2000) 'Freudian dream theory today'.
- Chapter 10: Solms, M. (2007) 'The interpretation of dreams and the neurosciences.'
- Chapter 11: Solms, M. & Panksepp, J. (2012) 'The id knows more than the ego admits.'
- Chapter 12: Solms, M. (2014) 'A neuropsychanalytical approach to the hard problem of consciousness.'
- Chapter 13: Solms, M. 'Concluding reflections.'

'Mark Solms is an outstanding scientist in his own right who has in a short period of time moved the field of psychoanalysis forward by integrating data from the laboratory and the consulting room. He has brought to this task an in-depth knowledge of neuropsychology, neurobiology, and psychoanalysis. His work is in the best spirit of E.O. Wilson's concept of consilience (the bringing together of different disciplines), wise, and a pleasure to read.'

– **Arnold Richards, MD**

**Karnac Books, July 2015, 240 pp, Demy Paperback 9781782202721/£25.99**

**Also by Mark Solms**

**The Brain and the Inner World: An Introduction to the Neuroscience of Subjective Experience 2002 Demy Paperback 9781855759824/£27.99**



## Homosexualities Psychogenesis, Polymorphism, and Countertransference

*Psychoanalysis and Women Series*

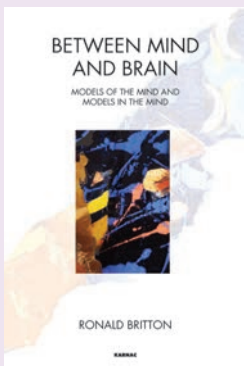
Edited by **Elda Abrevaya**, a Training Analyst of the Istanbul Psychoanalytic Association; and **Frances Thomson-Salo**, who trained with the British Society as a child and adult psychoanalyst and is a Training Analyst and past President of the Australian Psychoanalytical Society.

This latest volume in the Psychoanalysis and Women Series for the Committee on Women and Psychoanalysis of the International Psychoanalytical Association presents and discusses theoretical and clinical work from a number of authors worldwide. It clearly demonstrates that there is no typical development of homosexuality and that each individual's object-choice can only be grasped by examining their psychic history. While the therapeutic work requires no special adaptation of technique, countertransferential difficulties which may arise and stem in part from cultural representations about gender differences are fully explored.

'It is an inspiring book. The authors, an international group of eminent psychoanalysts, examine the issue of the psychic construction of sexuality in a multiplicity of ways and offer new and profound contributions. All human societies are faced with the task of constructing two basic categories, the identical and the different. The psychic construction of sexuality by definition implies a complex relationship between both sexes. The word "homos", which means "the same" (sex), leaves an essential element out: the unconscious presence of the "other" sex. With the sophisticated theoretical discussions and the clinical examples offered, this book will constitute required reading for psychoanalysts and students of psychoanalysis, as well as for academics in the area of gender studies.'

– **Rosine Jozef Perelberg**, Training Analyst of the British Psychoanalytical Society and Visiting Professor at University College London

**Karnac Books, May 2015, 224 pp, Demy Paperback 9781782203131/£24.99**



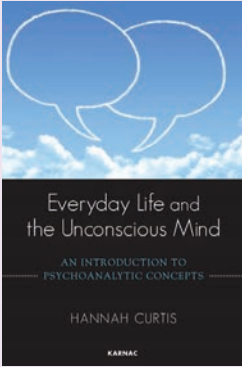
## Between Mind and Brain Models of the Mind and Models in the Mind

By **Ronald Britton**, a well-known international psychoanalytic writer who has lectured widely in Europe, North and South America. Currently he is President of the British Psycho-Analytical Society and a Vice-President of the International Psychoanalytical Association. He has a predominantly clinical approach but also a special interest in the relationship of psychoanalysis to literature, philosophy and theology.

This book begins with an exploration of the relationship between mind and brain. It then examines various psychoanalytic models of the mind and moves to the task of the analyst to discover the unconscious models that shape his or her patients' picture of him/herself and others.

The familiar models are mainly drawn from psychoanalytic practice but are supplemented from myths, religion, and literature. Developments in adjacent scientific fields such as quantum biology and new ideas about evolution are discussed that suggest cellular genetic modification can take place as a consequence of interaction with the outside world. This gives hope perhaps to the idea that not only the mind can learn from experience but also the brain.

**Karnac Books, July 2015, 160 pp, Demy Paperback 9781782202608/£18.99**



# Everyday Life and the Unconscious Mind

## An Introduction to Psychoanalytic Concepts

*By Hannah Curtis, a senior psychoanalytic psychotherapist with twenty years experience in private practice. She is also a lecturer in the Centre for Psychoanalytic Studies at the University of Essex. She is a wife, mother and grandmother who passionately believes that an understanding of psychoanalytic principles can enrich and deepen the everyday encounters and relationships that people experience as they go about their work-ing, family and social lives.*

An increasing number of people are seeking to develop an understanding of psychoanalytic concepts in order to apply them to the ordinary situations that they encounter as they go about their work, family and social lives. Some of these people are students just leaving college and going on to university, some are managers seeking to understand the dynamics of work place relationships and some are the friends or families of people who suffer with emotional distress or mental health issues.

*Everyday Life and the Unconscious Mind* is written for students, for those who work in the care sector, or in management, and for those who love someone who is struggling emotionally. It explains and clarifies some of the concepts that address the way in which the unconscious mind works and how it seeks to manage its feelings.

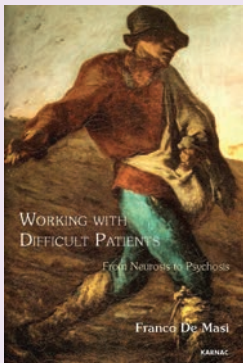
It includes chapters on trauma and defence mechanisms, which are to do with how we cope with events that act like a psychological blow to our self esteem or our identity. It also discusses transference and countertransference, concepts which have traditionally been confined to the consulting room, but which can be mobilised in a number of different sorts of relationships, and if understood can contribute to the moment-by-moment decisions that we make in our everyday relationships. The book also clarifies what is meant by 'projective identification', a fundamental concept in understanding the profound nature of communication between people and absolutely invaluable in work with people in distress or with mental health difficulties.

### CONTENTS

#### INTRODUCTION

1. CONSCIOUS AND UNCONSCIOUS ASPECTS OF THE MIND
  2. TRAUMA
  3. ANXIETY
  4. DEFENCE MECHANISMS
  5. REPETITION COMPULSION
  6. ENVY AND GUILT
  7. TRANSFERENCE
  8. COUNTERTRANSFERENCE
  9. PROJECTIVE IDENTIFICATION
- #### CONCLUSION

**Karnac Books, July 2015, 160 pp, Demy Paperback 9781782201946/£18.99**



## Working With Difficult Patients From Neurosis to Psychosis

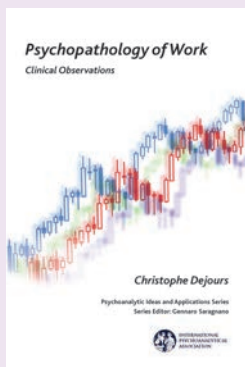
By **Franco De Masi**, a medical doctor and a psychiatrist who worked for twenty years in psychiatric hospitals and is a Training and Supervising Analyst of the Italian Psychoanalytical Society.

In this book the author examines the series of connections that give rise to the intimate relationship between environment and individual in the construction of emotional suffering, emphasising both the undisputed pathogenic action of environmental stimuli and the active participation of whoever is obliged to suffer the negative situation. Franco De Masi shows that the way in which one tries to escape suffering is what often seriously jeopardises growth.

The aim of *Working with Difficult Patients* is to point out the intrinsic link between some forms of mental suffering and the distorted responses that the patient has received from his or her original environment. For this reason the author explores the concept of the emotional trauma in particular, since this trauma, which occurs in the primary relationship, often impels the child into relational withdrawal and towards constructing pathological structures that will accompany him or her for the rest of their life. The chapters are ordered according to a scale of increasing treatment difficulty, which is proportional to the potential pathogenicity of the underlying psychopathological structure. Consequently, the borderline state and the psychotic state are located at either end of an axis of progressive complexity and difficulty towards change.

The author endeavours to set out a panorama of the main psychopathological entities as he has encountered them and indeed still encounters them in his clinical activity, presenting the material according to a criterion that highlights the differences between the individual case histories. A number of chapters in the second part of the book attempt to clarify the various psychic processes that underlie some frequently encountered psychopathologies.

**Karnac Books, April 2015, 352 pp, Demy Paperback 9781782200437/£29.99**



## Psychopathology of Work Clinical Observations

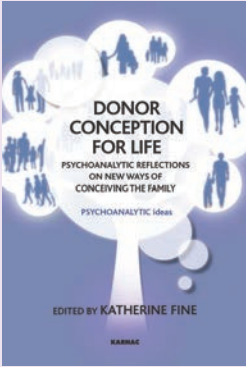
*The International Psychoanalytical Association  
Psychoanalytic Ideas and Applications Series*

Edited by **Christophe Dejourn**, who is a former hospital practitioner in psychiatry and a psychoanalyst. He is also Professor of the Chair of Psychoanalysis, Health and Work at France's Conservatoire National des Arts et Métiers (National Conservatory of Arts and Crafts) and a member of the Association Psychanalytique de France and the Institut de Psychosomatique de Paris (the Paris Psychosomatic Institute).

This book examines the processes at issue in the onset of psychiatric disorders linked to stress in the workplace. Six clinical observations are presented: an acute psychosomatic decompensation (status asthmaticus); a delirious episode; a dementia-like confusional state; a sexuality disorder; two successive decompensations – one in a victim of workplace harassment and one in her aggressor – and a suicide.

Each is explored in detail, from aetiology to treatment, bringing into sharp relief the differences between conventional analysis and the interpretation of material in light of the reference to work. These studies have been written by psychoanalysts and may be used as a training resource for practitioners and students alike. For any professional or researcher involved in the world of work, these observations will offer a deeper understanding of this particular work-related mental pathology which characterises the development of our contemporary society.

**Karnac Books, June 2015, 128 pp, Demy Paperback 9781782201809/£15.99**



## Donor Conception for Life Psychoanalytic Reflections on New Ways of Conceiving the Family *The Psychoanalytic Ideas Series*

Edited by **Katherine Fine**, a psychoanalytic psychotherapist with the British Psychotherapy Foundation, working in private practice in London. A member of the Donor Conception Network since its inception in 1993, she has facilitated both 'Preparation for (donor conception) Parenthood' and 'Talking and Telling' workshops. She is a visiting lecturer and supervisor at the Tavistock Centre in London and WPF Therapy (Westminster Pastoral Foundation) in London.

This book is about the psychological experiences of women and men who have used donor conception to create their families. The authors offer diverse accounts of their clinical, research, and personal experiences. They describe the challenge of powerful conscious and unconscious fantasies that can be aroused and how these may reawaken early anxieties and developmental struggles.

Whilst recipients of donated eggs or sperm may think they are simply acquiring a factor of reproduction, they are also receiving the genetic history of another family. The sensitive management of these relationships is considered in relation to establishing healthy and well-functioning families. The way these emotional challenges are negotiated is likely to be reflected in how parents talk with children about their donor origins.

**Karnac Books, March 2015, 256 pp, Demy Paperback 9781782202035/£26.99**



## Elements of Reparation Truth, Faith, and Transformation in the Works of Heidegger, Bion, and Beyond

By **Brent Potter**, a psychotherapist, child mental health specialist, and ethnic minority mental health specialist. He has more than twenty years of experience providing clinical services in a range of settings including inpatient, hospital, outpatient, and private practice and has published numerous articles.

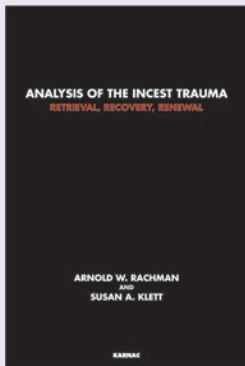
Damage and reparation are central themes of human existence. Melanie Klein, among other pivotal discoveries, noted our capacity for destructiveness towards others and ourselves. More importantly, she accented the centrality of reparation for mental health. Acceptance of the truth, 'inner' and 'outer', is essential to this process.

The author explains the phenomenon of reparation around the themes of truth (aletheia), faith (pistis) and repentance/transformation (metanoia), especially as they appear in the philosophical works of Martin Heidegger and the psychoanalyst Wilfred Bion. He then continues following the phenomenon of metanoia, tracing the phenomenon sequentially in the works of Melanie Klein, Wilfred Bion, Martin Heidegger, C.G. Jung and R.D. Laing. These thinkers have a surprisingly high degree of reflection upon and import into common, everyday lived experience.

Brent Potter's work concludes with a critique of psychiatry, cognitive-behavioral and manualised approaches to psychological distress. He then presents modalities and programs, utilizing a metanoia perspective, that are rising to replace them.

The purpose of this book is to reach back, to seek the meaning and ground of the phenomenon of reparation and to understand the elements uncovered in the light of our present-day ways of knowing and being in the world.

**Karnac Books, May 2015, 202 pp, Demy Paperback 9781782201526/£25.99**



## Analysis of the Incest Trauma Retrieval, Recovery, Renewal

By **Arnold W. Rachman**, a Training and Supervising Analyst at the Institute of the Postgraduate Psychoanalytic Society, New York; and **Susan A. Klett**, Co-Director of the Washington Square Institute (WSI), a Training and Supervising Analyst and Founder and Director of the Dialectical Behaviour Therapy (DBT) Training and Group Program.

Childhood sexual abuse within the family of origin and society's institutions, such as the church, education, sports, and the world of celebrity, has been neglected as a significant issue by psychoanalysis and society.

The incest trauma needs to be understood as one of the most significant problems of contemporary society.

This book is an attempt to re-establish incest trauma as a significant psychological disorder by tracing the evolutionary trajectory of psychoanalysis from the Seduction Theory to the Oedipal Theory to the Confusion of Tongues Theory. By examining the theoretical, emotional, interpersonal and political issues involved in Freud's abandoning the Seduction Hypothesis and replacing it with the Oedipal Complex, we can see how system building became more important than the emotional welfare of children. In a series of chapters the authors demonstrate this neglect of the incest trauma. Several case studies, using a Relational Perspective informed by the Budapest School of Psychoanalysis, illustrate the need to use the Confusion of Tongues theory of trauma originated by Ferenczi, as well his idea of expanding the analytic method to include non-interpretative measures to successfully analyze the incest trauma.

*'Analysis of the Incest Trauma* is an elegant, forceful narrative of an awakening. First is the realization within psychoanalytic theory and practice of the actuality – the all-too-frequent actuality – of sexual transgressions within families. Second is the documentation, in compelling jargon-free descriptions, of successive case studies. Arnold W. Rachman and Susan A. Klett poignantly illustrate the enormous courage their patients demonstrate in exposing the triad of victim, abuser, and bystander commonly present in incest trauma families. The reader will emerge with an enhanced sensitivity to the skill and empathic understanding required for helping patients to feel safe in the face of retraumatization – a model beginning with Ferenczi that illuminates an analytic approach today.'

– **Joseph D. Lichtenberg**, MD, Editor-in-Chief of *Psychoanalytic Inquiry* and the *Psychoanalytic Inquiry* book series

'Arnold Rachman's work over the past three decades has greatly helped our field recognize the importance of childhood sexual trauma and Ferenczi's contributions. I highly recommend Rachman and Klett's new book. Using the original exchanges of letters, the authors have given us a detailed historical account of the struggle between Ferenczi and Freud over the role of childhood sexual trauma and its place in the history of psychoanalysis. Detailed case histories of adults vividly illustrate the consequences of this trauma.'

– **Beatrice Beebe**, Clinical Professor of Psychology in Psychiatry, New York State Psychiatric Institute, Columbia University

'The authors have quite deftly managed to do something rare: write a book about complex and painful issues that is tonally perfect. Their approach uniquely pairs the clinical experience of analysis with the deep, non-intrusive empathy required when working with incest victims. With remarkable frankness, compassion, simplicity and intelligence, they allow us to accompany them on the very demanding journeys they undertook with their patients, leading us through not only the gratifying, at times almost miraculous episodes, but also through the rough, distressing, even almost hopeless hours. The humility and courage with which they share their experience commands respect. Truly, a wonderful book.'

– **Michael Larivière**, Psychoanalyst, Former Associate Professor of Psychiatry, Faculty of Medicine, University of Strasbourg

Karnac Books, May 2015, 368 pp, Demy Paperback 9781782202219/£32.99



## Screen Relations

### The Limits of Computer-Mediated Psychoanalysis and Psychotherapy

*The Library of Technology and Mental Health*

By **Gillian Isaacs Russell**, a member of the British Psychoanalytic Council who has been in private practice since 1988. She has been on the Editorial Board and Book Review Editor of the *British Journal of Psychotherapy*; and consults, supervises, lectures and teaches internationally.

Increased worldwide mobility and easy access to technology means that the use of technological mediation for treatment is being adopted rapidly and uncritically by psychoanalysts and psychoanalytic psychotherapists. Despite claims of functional equivalence between mediated and co-present treatments, there is scant research evidence to advance these assertions.

Can an effective therapeutic process occur without physical co-presence? What happens to screen-bound treatment when, as a patient said, there is no potential to “kiss or kick?” Our most intimate relationships, including that of analyst and patient, rely on a significant implicit non-verbal component carrying equal or possibly more weight than the explicit verbal component. How is this finely-nuanced interchange affected by technologically-mediated communication?

This book draws on the fields of neuroscience, communication studies, infant observation, cognitive science and human/computer interaction to explore these questions. It finds common ground where these disparate disciplines intersect with psychoanalysis in their definitions of a sense of presence, upon which the sense of self and the experience of the other depends. This new data reveals surprising and non-intuitive elements, providing a rich knowledge base for better understanding how people experience screen relations based treatments.

Embedded throughout the book are the movingly clear voices of clinicians and patients themselves, describing their experiences using technology for treatment. Gillian Isaacs Russell, whose own clinical experience using technological mediation inspired her exploration of therapy on the digital frontier, pays particular attention to the specific gains and losses of mediated communication of which clinicians should be aware before undertaking technologically-mediated psychoanalysis or psychotherapy.

‘This book is not anti-technology; it is pro-psychoanalysis. Gillian Isaacs Russell comes up with a deeply humanistic, forward-looking book that does not deny the power of technology but insists that we use it to more thoroughly understand our human purposes. As an analyst or therapist, before you use Skype or FaceTime, read this. You’ll better understand the new human terrain on which you work.’

– **Sherry Turkle**, Director, MIT Initiative on Technology and Self, Massachusetts Institute of Technology.

‘Gillian Isaacs Russell explores vast territory, including patients’ and therapists’ experiences, clinical theory, and intriguing research in cognitive neuroscience, information communication theory, and virtual reality. Her skilful explication and incisive analysis of how the technological medium affects our patients, ourselves, and the analytic process makes it readily apparent that simulated treatments have limits and consequences, and knowing this enables clinicians to make smart choices about whether and when to conduct such treatment. This very well-written book is essential for anyone who wants to think carefully about computer-mediated treatment.’

– **Don Greif**, PhD, Co-Editor-in-Chief, *Contemporary Psychoanalysis*; Faculty, William Alanson White Institute, New York

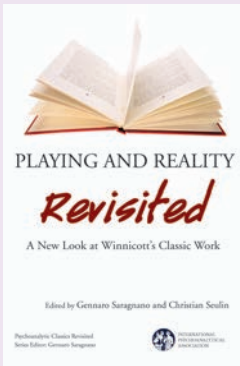
**Karnac Books, April 2015, 224 pp, Demy Paperback 9781782201441/£25.99**

**Other books in the The Library of Technology and Mental Health**

- Psychoanalysis Online: Mental Health, Teletherapy, and Training by **Jill Savage Scharff** 2013 Demy Paperback 9781780491547/£30.99

- Distance Psychoanalysis: The Theory and Practice of Using Communication Technology in the Clinic by **Ricardo Carlino** 2011 Demy Paperback 9781780490137/£24.99





# Playing and Reality Revisited

## A New Look at Winnicott's Classic Work

### The International Psychoanalytical Association Psychoanalytic Classics Revisited

Edited by **Gennaro Saragnano**, a member and former Secretary of the Italian Psychoanalytical Association and psychiatrist and psychoanalyst in private practice in Rome; and **Christian Seulin**, a Training and Supervising Analyst of the Paris Psychoanalytical Society (SPP) and member of the International Psychoanalytical Association.

*Playing and Reality Revisited* is the first volume of a new IPA series dedicated to the greatest writings of psychoanalysis. More than forty years after its publication, Donald W. Winnicott's *Playing and Reality* is still a source of inspiration for numerous psychoanalysts. Gennaro Saragnano and Christian Seulin have invited some of the most eminent specialists of Winnicott's thinking to write on the most significant themes that the author discovered and highlighted brilliantly in his book. They show how such concepts as transitional object and phenomena, the use of an object, and mirroring, remain essential today, and explore the way in which Winnicott conceived playing, creativity, cultural experience and adolescence, demonstrating their contemporary relevance. This book is both an homage to Winnicott and a fascinating extension of his work.

#### CONTENTS

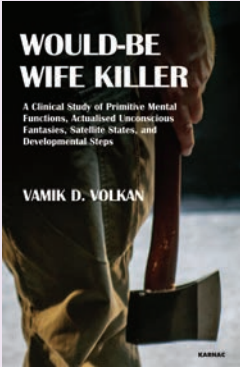
Christian SEULIN - Introduction

1. Raquel ZAK DE GOLDSTEIN - Illusion in the Origins of Transitional Phenomena and Transitional Objects
2. Anna Maria NICOLÒ - Playing
3. Gabriel SAPISOCHIN - Playing: Some Remarks on the Enacted Dimension of the Analytic Process
4. Andreas GIANNAKOULAS - Creative Processes and Artistic Creation
5. Denys RIBAS - Genesis, Primal Scene and Self-Engenderment
6. René ROUSSILLON - Creativity: A New Paradigm for Freudian Psychoanalysis
7. Jan ABRAM - Further Reflections on Winnicott's Last Major Theoretical Achievement: from 'Relating Through Identification' to 'the Use of an Object'
8. Wilfrid REID - The Use of an Object: Winnicott and Ternary Thought
9. Laurie WILSON - Thoughts on "Cultural Experience and its Location"
10. Angela JOYCE - The Mirror Role of Mother and Family in Child Development: a Reflection
11. Massimo VIGNA-TAGLIANTI - Ruptures and Reconnections: Play as a Thread for Sewing Up
12. Maria RHODE - Mirroring, Mirrors and proto-Oedipal Constellations
13. Virginia UNGAR - Playing and Reality Revisited. Clinical Practice with Adolescents in the 21 st Century.

'Since Winnicott's initial formulation of the hypothesis on transitional objects and transitional phenomena – written in a deceptively simple style – attempts to unravel their theoretical complexity have at times overlooked the depth of his clinical insights. On the other hand, the poetical élan of his writing has led some critics to the mistaken idea that the radical transformative impact of his work in psychoanalytical clinical thinking implied a rupture with the fundamentals of Freudian metapsychology. The different points of view gathered in this important book avoid the dual risk of these Scylla and Charybdis. They provide the theoretically inclined reader with valuable working hypotheses to inquire into the metapsychological density of Winnicott's ideas, and the seasoned clinician with a renewed experience of the poetic potentialities of the psychoanalytic encounter.'

– **Max Hernandez**, Member and Training Analyst of the Peruvian Psychoanalytic Society, member of the British Psychoanalytical Society, and former Vice-President of the International Psychoanalytical Association

Karnac Books, May 2015, 256 pp, Demy Paperback 9781782200253/£24.99



## Would-Be Wife Killer A Clinical Study of Primitive Mental Functions, Actualised Unconscious Fantasies, Satellite States, and Developmental Steps

By **Vamik D. Volkan**, an Emeritus Professor of Psychiatry at the University of Virginia, an Emeritus Training and Supervising Analyst at the Washington Psychoanalytic Institute, and the Senior Erik Erikson Scholar at the Austen Riggs Center in Stockbridge, Massachusetts. He is the president of the International Dialogue Initiative and a former president of the International Society of Political Psychology, the Virginia Psychoanalytic Society, and the American College of Psychoanalysts. He received the Sigmund Freud Award given by the city of Vienna in collaboration with the World Council of Psychotherapy.

The author believes that studying a therapeutic process closely from its beginning to its termination is one of the best ways to observe, learn, and teach psychoanalytic concepts. This book is unusual since it describes a man's drastic internal psychological changes over forty years. He was thirty-nine years old when he wanted to cut off his wife's head with an axe and he was hospitalized; previous to this incident he had delusions and hallucinations. He died at age eighty-two as a beloved community leader.

The author provides clinical illustrations of primitive transference and countertransference manifestations. He defines "satellite states" in which an individual finds a balance between experiencing individuation and remaining dependent on the Other and "crucial juncture" experiences that are necessary to learn how to integrate self and object images and move up the developmental steps. Various concepts such as the replacement child, actualized unconscious phantasy, emotional flooding, and linking interpretation and therapeutic play are explored.

This book also pays attention to cultural and religious differences in the backgrounds of two persons, the patient and the therapist, intimately working together for a long time. Therapeutic concepts described in this book and their clinical illustrations will encourage mental health professionals not to lose sight of the importance of the psychodynamic approach to individuals with psychotic personality organisation.

'This is a story about two men, Dr. Volkan and his patient, Attis, who knew each other for over thirty years. As Dr. Volkan tells us the story, we learn more than we could ever get from a textbook, and about almost all types of mental functioning – including child and adolescent development, what goes on in people's thinking, and how world events can affect us all. Dr Volkan draws the reader into both an intellectual and a moving emotional understanding of psychosis. He explains what happens in the mind of the therapist trying to help a strange, unhappy, and initially dangerous person. Although a scholarly, integrative tour de force, what makes the book so important is that, like a good teacher, it "hits home". As you are alternately shocked, confused, angered, elated, and uplifted, you will not be able to avoid learning from or loving this book. It is psychoanalytic theory at its living, breathing best, told in a way you will never forget.'

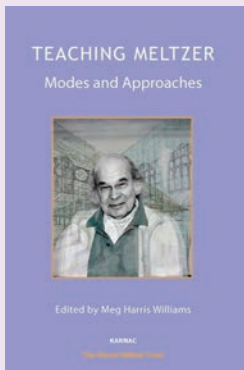
– **Jerome S. Blackman**, MD, DFAPA, President, American College of Psychoanalysts; Professor of Clinical Psychiatry, Eastern Virginia Medical School, Norfolk; and author of '101 Defenses'

**Karnac Books, March 2015, 176 pp, Demy Paperback 9781782202790/£19.99**

**Also by Vamik D. Volkan**

- Siblings in the Unconscious and Psychopathology: Womb Fantasies, Claustrophobias, Fear of Pregnancy, Murderous Rage, Animal Symbolism, Christmas and Easter "Neuroses", and Twinings or Identifications with Sisters and Brothers **2014 Demy Paperback 9781782201618/£23.99**

- Animal Killer: Transmission of War Trauma From One Generation to the Next **2013 Demy Paperback 9781782200734/£14.99**



# Teaching Meltzer

## Modes and Approaches

*The Harris Meltzer Trust Series*

Edited by **Meg Harris Williams**, a writer and artist who studied English at the Universities of Cambridge and Oxford and art at the Accademia di Belle Arti in Florence, and has had a lifelong psychoanalytic education. She has written and lectured extensively in the UK and abroad on psychoanalysis and literature, and teaches at the Tavistock Centre in London, and the University of Surrey.

This book is one of a short series on the teaching of post-Kleinian analysis, with a companion volume on *Teaching Bion*.

The trials and tribulations of teaching are intimately connected with those of learning, and indeed have parallels with psychoanalysis in so far as this may in itself be considered a specialised mode of education. The variety of approaches recounted in this volume have been devised and refined over time and demonstrate the imaginative commitment and struggles of practitioners.

Donald Meltzer's hopes for the survival of psychoanalysis rested not on schools and didacticism but on the capacity of the next generation to learn from their own experience with the aid of their internal teachers.

His writings are often said to be 'difficult' by students without personal experience of his teaching. Yet Meltzer himself said his motto was 'simplicity' and he never tried to be obscurantist, but concentrated increasingly on how to make complex matters 'simple', relevant and digestible.

This book shows how this aspiration to a complex simplicity can be conveyed by those who have absorbed it. Its relevance therefore goes beyond the conceptual framework of an individual analyst, and sheds new light on the task of enabling the psychoanalytic attitude in both students and teachers.

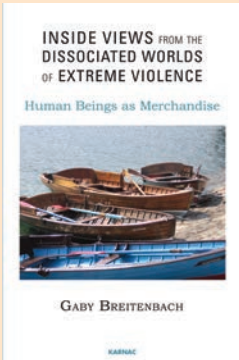
### CONTENTS

#### *Introduction*

Meg Harris Williams

1. *A historical approach* - Kenneth Sanders
2. *Teaching from experience* - Silvia Fano Cassese
3. *Dream-life and psychotherapy with young people* - Jeanne Magagna
4. *Playing and working* - Miriam Botbol Acreche
5. *Psychoanalysis can be learned but cannot be taught* - Robert Oelsner
6. *An amplified psychoanalysis* - Marisa Pelella Mélega
7. *From theoretical to reflective and literary teaching* - Cecilia Muñoz Vila
8. *Geographical and zonal confusions and narcissism in the transference-countertransference* - Lennart Ramberg
9. *Meltzer and the 'street educators' in Venice* - Maria Elena Petrilli
10. *Thinking with passion: an interview* - Maria do Carmo Sousa Lima with Joao Sousa Monteiro
11. *Meltzer in Rosario: an interview* - María Angélica Maronna and Mónica Vicens
12. *On the transmission of psychoanalysis – inspired by Meltzer* - Clara Nemas and Virginia Ungar
13. *Meltzer from the underworld* - Neil Maizels
14. *Physiotherapy and psychoanalysis: an atelier model* - Kina Meurle-Hallberg and Lise Radøy
15. *Counterdreaming and symbolic congruence* - Meg Harris Williams.

**Harris Meltzer Trust, March 2015, 256 pp, Demy Paperback 9781782201205/£25.99**



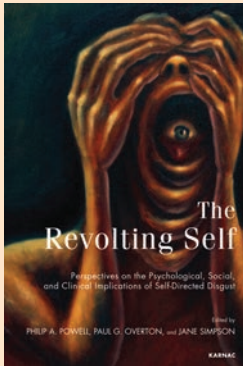
## Inside Views from the Dissociated Worlds of Extreme Violence

### Human Beings as Merchandise

By **Gaby Breitenbach**, a psychologist and psychological psychotherapist working with clients who suffer from traumatic experiences. She is also a system therapist and behaviour therapist.

This book is primarily for psychotherapists, but is also for professionals such as lawyers, judges, doctors, and the clergy, and for victims. Different perspectives describe worlds of sadistic violence, revealing how human beings are deliberately and persistently broken. It explores how victims are used and abused in the context of pornography, prostitution, and snuff videos; how they are deprived of their rights through mind control: degraded to nothing more than objects, abused at the push of a button according to the desires of the tormentors. Claims by the “false memory” movement aid the tormentors, and this is reflected in the language these groups use. With an explanation of the diverse structures of dissociation, ranging from dissociation as the reaction of an organism, through conditioning, all the way to programming, the author develops a structural model for treating victims of extreme violence and mind control.

**Karnac Books, April 2015, 272 pp, Demy Paperback 9781782202455/£26.99**



## The Revolting Self

### Perspectives on the Psychological, Social, and Clinical Implications of Self-Directed Disgust

Edited by **Philip A. Powell**, a research psychologist with an interest in discrete emotions and their unique effects on our psychological well-being, behaviour, and decision-making; **Paul G. Overton**, Professor of Neuroscience at the University of Sheffield; and **Jane Simpson**, a clinical and academic psychologist and Research Director on the Doctorate in

*Clinical Psychology at Lancaster.*

Self-disgust (viewing the self as an object of abhorrence) is somewhat of a novel subject for psychological research and theory, yet its significance is increasingly being recognised in the clinical domain. This edited collection of articles represents the first scholarly attempt to engage comprehensively with the concept of self-directed disgust as a potentially discrete and important psychological phenomenon. The present work is unique in addressing the idea of self-disgust in depth, using novel empirical research, academic review, social commentary, and informed theorising. It includes chapters from pioneers in the field of psychology, and other selected authorities who can see the potential of using self-disgust to inform their own areas of expertise. The volume features contributions from a distinguished array of scholars and practising clinicians, including international leaders in areas such as cognition and emotion, psychological therapy, mental health research, and health and clinical psychology. This collection of papers offers a stimulating and timely investigation of that which the authors refer to as “the revolting self”; it is an invaluable handbook for all those academics and clinicians who want to understand and explore the concept of self-disgust further.

**Karnac Books, March 2015, 368 pp, Demy Paperback 9781782200086/£32.99**

PSYCHOANALYSIS AND  
PSYCHOTHERAPY IN  
CHINA Volume 1 2015



Edited by David Scharff

# Psychoanalysis and Psychotherapy in China

Edited by **David Scharff** chair and former director, the International Psychotherapy Institute, Washington DC; member and chair, Work Group on Family and Couple Psychoanalysis of the International Psychoanalytical Association; co-author of numerous books and articles.

## CONTENTS

### ARTICLES

1. From Psychotherapy to Psycho-Boom: A Historical Overview of Psychotherapy in China *Huang Hsuan-Ying*
2. Brief Intervention with a Chinese Family *Jill Savege Scharff and David E. Scharff*
3. A Commentary on "Brief Intervention with a Chinese Family" by Jill and David Scharff *Gao Jun*
4. Projective Identification in Group Therapy in China *Xu Yong*
5. Somatic Countertransference: A Chinese Perspective *Adrienne Margarian*
6. Practising Analytical Psychology in East Asia: A Post-Jungian Italian Perspective *Marta Tibaldi*
7. The Core Element of Sandplay Therapy: Analytic Atmosphere *Cai Chenghou*
8. 'Xie Yi Painting as a Culture of Therapy': Part 1 – Introduction *Richard Wu*
9. Individual Development of Psychotherapists' and Practitioners' Motivation *Shi Qijia*.

### SPECIAL SECTION ON DISTANCE ANALYSIS AND PSYCHOTHERAPY

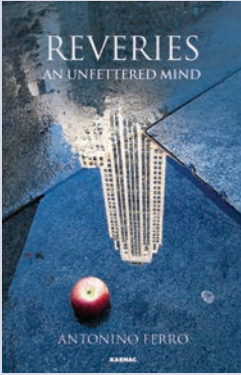
1. Teleanalysis: Problems, Limitations and Opportunities *Lin Tao*
2. Skype as the Uncanny Third *Irmgard Dettbarn*
3. Not So Lost in Translation: Supervising Psychoanalytic Psychotherapy Candidates in China *Lycia Alexander-Guerra*
4. Psychotherapy in China: Historical Context and the Future *Li Zhen and Li Hongya*.

### BOOK REVIEWS

### EVENT REVIEW

1. Presentations, Thoughts, and Reflections on the International Conference "Ronald Fairbairn and the Object Relations Tradition" *Xing Xiaochun*.

**Karnac Books, July 2015, 192 pp, Demy Paperback 9781782203759/£19.99**



## Reveries

### An Unfettered Mind

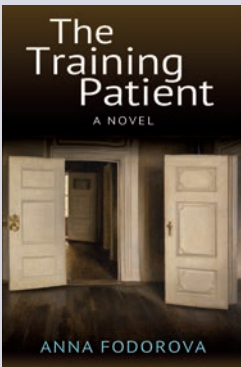
*The Karnac Library*

By **Antonino Ferro**, a Training and Supervising Analyst in the Italian Psychoanalytic Society, the American Psychoanalytic Association and the International Psychoanalytical Association. He has been a visiting professor of psychoanalysis in various institutions in Europe, North America, South America and Australia. He received the Sigourney Award in 2007.

Reverie is a form of dreaming intended as a continuous process that takes place in sleep as well as in waking life. In analysis, the patient's communications can evoke images that will then be useful in the development of the analytic work. The salient feature of analytic listening is precisely this willingness to abandon oneself to reverie where previously unthought or unthinkable emotions are given the right to exist and circulate freely.

In *Reveries*, Antonino Ferro, whose numerous clinical books have been translated into many languages, elaborates the reveries and daydreams that accompany him out of the consulting room. The result is a collection of short or not-so-short musings with surreal or even grotesque tones, and at times mocking and pointed aphorisms: vibrant pages with a life of their own, punctuated by subtle literary references to the likes of Rousseau, Baudelaire, Kafka, and Poe.

Karnac Books, July 2015, 256 pp, B Format Paperback 9781782203506/£9.99



## The Training Patient

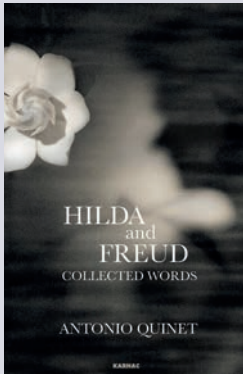
### A Novel

*The Karnac Library*

By **Anna Fodorova**, a psychoanalytic psychotherapist who originally trained as an illustrator and a filmmaker at the Royal College of Art and has worked as a senior lecturer at Central St. Martin's College of Art, London. She has made animated films for television programmes in both Germany and England, written live-action feature-length television scripts, and published children's fiction.

Gail May, a trainee therapist, is seeing her first patient, that all-important person on whose case study her qualification depends. As a novice therapist, Gail is cautious to adhere to all the therapeutic rules. But the problem is that her patient, an Eastern European woman who believes she has a stalker, hardly ever speaks. Gail presumes these are the symptoms of paranoid delusion. It is 1993, there is a war in Yugoslavia and Gail wonders if there is a connection. Starved of information, she begins to resort to progressively unorthodox means. As Gail's private life falls apart her interest in her patient intensifies, growing into an obsession. Then the lines between fiction and reality, between intrusion and therapy, become dangerously confused, setting off a chain of events that impact both their lives.

Karnac Books, June 2015, 256 pp, B Format Paperback 9781782202202/£9.99



## Hilda and Freud Collected Words

*The Karnac Library*

By **Antonio Quinet**, a psychoanalyst, psychiatrist, and playwright. He is a member of the School of Psychoanalysis of the Forums of the Lacanian Field, a Professor of the Graduate Program in Psychoanalysis, Health and Society (UVA, Rio de Janeiro), where he developed the research project 'Theatre and Psychoanalysis', and the director of the *Unconscious on Stage Company*. He is the author of ten books published in Brazil (two translated into French

and one into Spanish), as well as many articles published in Brazil and abroad on psychoanalysis, and seven plays staged in many cities in Brazil, as well as Rome, Paris, and London.

This play is based on Hilda Doolittle's *Tribute to Freud*, the letters she exchanged with Freud and her literary circle, as well as some of her poetry. Hilda, a forty-seven-year old poet, met Freud, who was then in his late seventies, in 1930s Vienna. It was the beginning of a startling "love affair", with exchanges of gifts, letters and flowers, both within and beyond the psychoanalytical setting. During the play, the public and the reader accompany Hilda on her visit to Freud's residence, shortly after his death in London, guided by the Narrator on this tour around the house as through the chambers of her mind. In this visit Hilda revives moments of her life and analysis, which she defined as a "free verse relationship" with Freud. In a psychoanalytical, non-conventional, treatment, she works through her war traumas as well as her illuminating cosmic and oceanic epiphanies.

**Karnac Books, July 2015, 48 pp, B Format Paperback 9781782202745/£6.99**



## Palatine

### The Four Emperors Series: Book I

*The Four Emperors Series*

By **L. J. Trafford**, who gained a BA Hons in Ancient History and then worked as a tour guide, an experience that was a perfect introduction to writing, involving as it did the need for entertainment and a hefty amount of invention (it's how she got tips!). She now works in London doing something whizzy with databases.

Whilst Emperor Nero plays with his new water organ and a cross-dressing eunuch, his wily secretary Epaphroditus manages affairs of state.

But dissent and rebellion are growing across the empire, and Nero is soon to discover playtime is over. Praetorian prefect Nymphidius Sabinus, disgusted by the moral degeneracy, secretly plots the overthrow of Nero's court. Motivated by the traditional Roman values of valour and nobility, yet blinded by his own righteousness, Sabinus is ignorant of what he has unleashed – The Year of the Four Emperors.

*Palatine* is the first in an enthralling four-book series about the tumultuous 'Year of the Four Emperors' which will appeal to fans of Lindsey Davis and George R. R. Martin.

'What a great read: it's quick-witted, well observed, and packed with characters that stay in the mind long after the last page has been turned'

– **Ruth Downie**, bestselling author of the *Medicus* mystery series

**Karnac Books, June 2015, 432 pp, B Format Paperback 9781782202646/£9.99**

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